

Shake it up Tuesdays (Fitness, 7-11 years)

Join us at the CYCC gym on Tuesday nights from 6-8pm to socialize with friends, play games and work on sport lead up skills. The focus of this group is for kids to improve gross motor skills and get some exercise. Each week will have a theme and focus on a different skill. There will be a fee of \$30 to register the 10-week programs. This fee covers the snack that will be provided for each session and other program costs.

Session 1

September

25th - Jump Around

October

2nd - Balancing Act
9th - Chuck It
16th - Kickin It
23th - Soccer Skillz
30th - Halloween Howler

November

6th - Shootin Hoopz
13st - *November Break No Program*
20th - Slap Shot
27th - Dance Dance

December

4- Obstacle Course Blow out

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Registration Form

Child's Name: _____ Date of Birth: _____

Parents/Guardians: _____

Phone #: _____ Phone #: _____

Email Address: _____

Session 1

Date	Select Days	Date	Select Days
September 25, 2018	<input type="checkbox"/>	October 30, 2018	<input type="checkbox"/>
October 2, 2018	<input type="checkbox"/>	November 6, 2018	<input type="checkbox"/>
October 9, 2018	<input type="checkbox"/>	November 20, 2018	<input type="checkbox"/>
October 16, 2018	<input type="checkbox"/>	November 27, 2018	<input type="checkbox"/>
October 23, 2018	<input type="checkbox"/>	December 4, 2018	<input type="checkbox"/>

Please initial:

** ___ I understand that the program costs are non-negotiable.**

** ___ I understand that the program costs will be invoiced at the end of the month.**

** ___ I understand that I will be billed for the full length of the program directly without 24 hour cancellation notice.**

Please fax/email/drop off to:
#3 Spruce Ave Sherwood Park.
Bailey Wojciechowski, Group Programs Facilitator
familysupport@robinhoodassoc.com Fax: 780-640-9404

Office Use only	Current
FSCD Contract	
Forms	
Scanned	
Entered	