



## PROGRAM SYNOPSIS ASSISTED LIVING PROGRAM

### Program Overview

The Assisted Living Program provides day program and residential services from four locations in Sherwood Park. We currently provide services to approximately 60 individuals and our staffing team consists of approximately 130 part time and full time employees. We operate on a 24 hour staffing model, seven days a week.

We provide services to meet a wide continuum of individual care needs; aging/ senior care, medically complex, mental health, addictions and behavioral needs, as well as provide supports for end of life care.

**Day Program Services focus on maintaining an individual's overall wellbeing through opportunities of lifelong learning and incorporating activities that nourish the mind, body and spirit**

- Our day program is broken down into Spring, Summer, Fall and Winter Semesters. Individuals register each semester for in house classes and community activities they would like to participate in. Classes are educational, leisure based as well as incorporate a fitness component.

**Residential Services provide supports for individuals to have as much independence and autonomy; and to participate as fully as they can in their lives. We embrace the philosophy of "do with, not for".**

- Our residential program operates 24 hours per day/ seven days per week. We have a variety of shifts including; sleep, awake night, 24/ 48 hour, rotational, day, evening; part time and full time.

### Key Staffing Requirements should include, but are not limited to:

- An understanding of individuals with disabilities
- Good communication and interpersonal skills; demonstrate professionalism
- Ability to work within a team environment; understanding of team dynamics and conflict resolution
- Ability to be flexible and adaptable; have good initiative
- Ability to develop good working relationships with all stakeholders; individuals, families/guardians, coworkers, other Association members, community members, community professionals and vendors
- Have good problem solving skills
- Skill and knowledge of (or willingness to learn about); Personal Care ( bathing, toileting, feeding), Feeding and Swallowing issues/ Modified Diets, Seizure Care, Tracheotomy Care, Wound Care, Gastrostomy Tube Feeding, Lifts/ Transfers/ Ergonomics, Diabetes, Mental Health/ Addictions Issues/ Behavioral Supports, Medication Administration, Oxygen Therapy, Use of specialized equipment
- Educational requirements; Grade 12 or equivalent, some education or understanding of individuals' with disabilities, Rehabilitation Practitioner, Nursing Attendant, Nursing Aid, LPN,