

January 8, 2021

From: Robin Hood Association Leadership Team

Re: Important Update regarding Alberta mandatory restrictions extended to January 21, 2021

Dear RHA Membership, individuals, families, guardians, and staff,

Happy New Year, we hope this message finds you well.

We are writing to provide information on RHA's reevaluation of the current provincial restrictions and how it will impact RHA services over the next couple of weeks.

Social Gatherings: All indoor and outdoor gatherings are prohibited; indoor AND outdoor close contacts must be limited to people in the same household. This includes RHA Homes cannot allow designated visitors/visitors for any social reason.

When can individuals return to their RHA residence? – Individual that have been away from their RHA Residence over the last number of weeks, will be allowed to have the option to return to their RHA residence if they choose after January 12, 2021 under the following conditions:

1. Must communicate with the designate Residential Supervisor to discuss return plans. Supervisors need to ensure the appropriate staffing is available upon returning individuals. If the residence is in an "outbreak status" individuals will not be able to return to their home or move/relocate during the outbreak period.
2. Individuals must pass the Resident Screening Health Assessment at the point of entry/return to residence:

COVID-19 Resident Screening Tool

1. Do you have any of the below symptoms:

- Fever (**37.8°C** or higher) **YES NO**
- Any **new** or **worsening** respiratory symptoms:
 - o Cough **YES NO**
 - o Shortness of breath/difficulty breathing **YES NO**
 - o Runny nose or sneezing **YES NO**
 - o Nasal congestion/ Stuffy Nose **YES NO**
 - o Hoarse voice **YES NO**
 - o Sore Throat/Painful Swallowing **YES NO**
 - o Difficulty Swallowing **YES NO**
- Any **new** symptoms including but not limited to:
 - o Chills **YES NO**
 - o Muscle/Joint Aches **YES NO**
 - o Nausea/Vomiting/Diarrhea/Unexplained Loss of Appetite **YES NO**
 - o Feeling Unwell/Fatigue/Severe Exhaustion **YES NO**
 - o Headache **YES NO**
 - o Loss of Sense of Smell or Taste **YES NO**
 - o Conjunctivitis (commonly known as pink eye) **YES NO**
 - o Altered Mental Status **YES NO**

2. Have you travelled outside of Canada in the last 14 days? **YES NO**
3. Have you had close contact* with a confirmed case of COVID-19 in the last 14 days?
YES NO
4. Have you had close contact with a symptomatic** close contact of a confirmed case of COVID-19 in the last 14 days?
YES NO

Assess your personal risk of unknown exposure based on your last two weeks of activity (refer to Risk of Unknown Exposure below): the table below highlighted in red indicates all individuals returning to a residence at this time would be in High Risk category.

Table 9 - Risk of Unknown Exposure

High Risk

To be considered at high risk of unknown exposure, any one or more of the following may be met:

- Lives in an area of high COVID-19 exposure
- Transferred from a hospital or other setting with an outbreak or cases under investigation anywhere in the setting
- Visited a location with a declared COVID-19 outbreak in last 14 days
- Part of a large cohort (more than 15)
- Cohort inconsistently practices physical distancing and use of masks when cannot maintain distance
- Had guests in home in last 14 days
- Outings where contact with others outside household is likely
- Use of public transit or carpooling where distancing is not consistently maintained and masking is not consistently used
- Does not maintain physical distancing and does not wear a mask
- Infrequent or inconsistent hand hygiene
- Interprovincial travel within the past 14 days

Table 11 - Individual Returning From Off-Site Overnight Stay – Safety Precautions

High Risk

- Household with persons who have high risk of unknown exposure (refer to Table 9), or
- Stay included participation in public spaces or private events with 15 or more people, known or not known to individual; or
- Did not follow Individual Outing Requirements

To be considered at **high risk** of unknown exposure is any one or more of the above identified

Safety Precautions

14 day quarantine after returning, in own room(s) away from other residents.

Ann Marie LePan
Chief Executive Officer
Robin Hood Association